

Building Blocks of Creativity

Dates	June 21-23, 2012 Begins Thursday, 9am Ends Saturday, 5pm
Fee	\$575 GISC Members: \$525
CE hours	19
Faculty	Katherine Greenleaf, JD, and Meg Weston, MFA



Creativity is a central component of an engaging and joyful life, and each individual expresses their creativity in unique ways. The objective in this workshop is to increase a sense of fulfillment and engagement with the creative process, whether in the arts or in business. The question is not whether someone is creative, but rather what areas bring out their creativity. Together, participants and faculty will form a “creative community” and in highly interactive sessions will participate in exercises designed to increase sensory awareness and experiment with different ways to tap intuitive capabilities. Participants will learn about their creative process and those of others, reflect on where in life they express creative energy, and discover the conditions that nurture it. Additionally, participants will explore their resistance to creative pursuits, what blocks them, and strategies for overcoming blocks and building creative energy and commitment. The workshop will include theory but will be primarily experience based. Participants should come prepared to experiment, share, and have fun.

Benefits

Participants will:

- Use their senses and other exercises to increase awareness.
- Get a clearer understanding of their personal creative process and what supports it.
- Increase and channel their creative energy.
- Articulate specific intentions as to what type of experiences or outcomes they want to create as a result of harnessing creative energy more effectively.
- Explore how to establish a “creative space and habit” in daily life.
- Have an opportunity for extensive practice.

Participants

This workshop is intended for people of all backgrounds and disciplines who are interested in exploring their creative process.

ICF has certified this course for 15.8 CC hours and 3.5 other hours.

“During a brief coaching session during Building Blocks of Creativity I realized I didn't want to leave my book in the failure pile. When I came home from the workshop, I designed a weeklong writers retreat. Holed up in a secluded cabin I wrote all day everyday and met my goal of editing all seven chapters. I've never known myself to be so disciplined. This ability to produce and stay alive with this process was a direct result of the workshop.”

Nanci Adair
Therapist and Life Coach

Registration Form

Name: _____ Male: Female:

Company Name: _____ Position: _____

Preferred Mailing Address - Work / Home : _____

City/State/Province/Postal Code/Country: _____

Work Phone: _____ Home Phone: _____

Mobile Phone: _____ Email: _____

Current Profession (please check all that apply):

Coach Consultant/OD Leader/Executive Psychotherapist Nonprofit Other _____

Professional Affiliations/Associations:

ICF (Int'l Coach Federation) OD Network APA Other (please specify) _____

How did you hear about this program? _____

If by referral, from whom? _____

Please register me for:

Program Title	Date	Fee
_____	_____	_____
_____	_____	_____

I am a GISC Member: I would like to join GISC: \$125/year

Total: _____

Invoice my organization: _____

I have enclosed a check or money order payable to GISC (US funds only):

Charge my: Visa Mastercard American Express

Name as it appears on card: _____

Account Number: _____ Expiration Date: _____

Signature: _____

Cancellation Policy: Refunds are available up to 21 days prior to a program, less a \$35 administration fee. When cancellation is made with a notice of 20 days or less, tuition will not be refunded, but may be applied to a future program within 2 calendar years.

Mail or fax along with your payment to:
GISC, PO Box 515, South Wellfleet, MA 02663-0515, USA