

Women's Wisdom: Managing the Complexities in Our Lives

Dates	March 16-18, 2012 Begins Friday, 4pm Ends Sunday, 1pm
Fee	\$395 GISC Members: \$345
CE hours	14
Faculty	Trish Perry, PsyD, and Kathy Leydon-Conway



Come, join us.
Take time to sit together.
Slow down, meet face to face.
Talk.
Talk about what it means to be a woman – in this world, now, today.
Find the stories that connect us and tell us of our differences.
Explore
Our issues and dilemmas.
Our options and paths
Our need for community and connection.
Start here.

Our purpose is to explore the feminine perspective, both individually and collectively; to evoke and provoke discussion and reflection; to unleash the energy of connection and community.

Our promise is to provide a unique experience, not a conference nor a training, but a conversation and exploration, a space where each of us will be seen and heard.

Our perspective is that our modern, high-stress, scattered lives don't allow for the ordinary everyday connections that sustain us. By maintaining and strengthening these connections, we reclaim the vibrancy essential to our wellbeing.

Over the course of the weekend we will have multiple opportunities to identify and talk about what matters to us and what keeps us from fully living the life we want. We will take time to look at where we feel in balance and where we feel out of balance, naming the ambiguities that most resonate for us, such as being both:

- Bold and tentative
- Grounded and wobbly
- Controlling and letting go
- Needing solitude and intimacy
- Indifferent and interested
- Changing and constant
- Accepting and questioning

All sessions and activities have experiential aspects. The sharing of and learning from our personal stories will be integral to the weekend experience. We will reflect on and express ourselves through writing, meditation, art, movement, music, dance, metaphor or poetry. Sessions will vary from individual to dyad to small and whole group activities.

Benefits

Through our time together we will:

- Deepen our understanding of the complexities in our lives.
- Claim the possibilities that arise from women's connections.
- Acknowledge the importance of the wisdom we bring to each other and our world.
- Gather energy and ideas for what we want to do with this knowledge.

Participants

We consider any woman of any experience to be a wise woman. She, her wisdom and her stories are welcome and wanted. Registration is limited to 20.

What previous participants have said about this workshop:

"It grounded me...reminded me what's important in my life."

"It validated my life – what I need/want to pursue and what I don't."

"The program got me to look at and think about things that I normally don't spend much time on but I should."

"Lots of epiphanies!"

Registration Form

Name: _____ Male: Female:

Company Name: _____ Position: _____

Preferred Mailing Address - Work / Home : _____

City/State/Province/Postal Code/Country: _____

Work Phone: _____ Home Phone: _____

Mobile Phone: _____ Email: _____

Current Profession (please check all that apply):

Coach Consultant/OD Leader/Executive Psychotherapist Nonprofit Other _____

Professional Affiliations/Associations:

ICF (Int'l Coach Federation) OD Network APA Other (please specify) _____

How did you hear about this program? _____

If by referral, from whom? _____

Please register me for:

Program Title	Date	Fee
_____	_____	_____
_____	_____	_____

I am a GISC Member: I would like to join GISC: \$125/year

Total: _____

Invoice my organization: _____

I have enclosed a check or money order payable to GISC (US funds only):

Charge my: Visa Mastercard American Express

Name as it appears on card: _____

Account Number: _____ Expiration Date: _____

Signature: _____

Cancellation Policy: Refunds are available up to 21 days prior to a program, less a \$35 administration fee. When cancellation is made with a notice of 20 days or less, tuition will not be refunded, but may be applied to a future program within 2 calendar years.

Mail or fax along with your payment to:
GISC, PO Box 515, South Wellfleet, MA 02663-0515, USA