

# First time in Europe!

GESTALT INTERNATIONAL STUDY CENTER'S

## Cape Cod Training Program

### *Creating Change Through Positive Micro-interventions*

The Cape Cod Training Program comes to Europe for the first time in 2009. In structured and highly interactive sessions, coaches, consultants, therapists, and other professionals learn to become effective agents for change using the Cape Cod Model. In the first week we will focus on working with couples - perceiving a system instead of separate individuals, exploring the role of the intervener, and connecting intimate and strategic ways of relating. In the second week we will focus on working with small groups - working effectively within hierarchical systems, understanding the difference between working with families and organizations, and using experiments. Content and theory presentations are followed by small group practice sessions in which the underlying concepts are applied.

**This intensive program provides an unusually high level of individual attention and feedback because of the student-faculty ratio of six-to-one, and the emphasis on experiential learning and practice. Faculty will be drawn from senior American and European GISC and Cape Cod Model faculty.**

#### **Benefits - Participants will:**

- Learn a powerful new perspective that recognizes behavior and interactions of systems, rather than individuals, creating new and dynamic possibilities for intervention.
- Use this systems perspective working with couples and small groups, developing a technique for giving compelling, positive feedback that strengthens the system and builds its ability to move toward change.
- Learn how to appreciate and articulate what the system is doing well.
- Understand a sequence of steps for intervening in any system.
- Learn to use the power of oneself as an instrument of influence.
- Gain insights into the differences between strategic and intimate ways of relating, and understand the appropriate use of each.
- Learn how to create and use experiments with clients to expand their range of behavior.
- Discover how to work with differences.
- Learn different techniques for working with families and working with organizations.

#### **A two-week program:**

**Oxford: Aug. 29 - Sept. 4, 2009 & Belfast: February 13 -19, 2010**

**Program tuition, includes buffet lunch each day:**

**\$5200 US • 4100 Euros\* • 3600 GBP\***

*\*CCTP Europe tuition as of this printing. Rate in Euros/Pounds may vary slightly with fluctuations in currency*

**Limited enrollment ~ Please register today**

Online: [www.gisc.org](http://www.gisc.org) • E-mail: [office@gisc.org](mailto:office@gisc.org)

Phone: 508-349-7900 Fax: 508-349-7908

***CCTP Europe is offered by the  
Gestalt International Study Center  
South Wellfleet, Massachusetts, USA***

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