



## GESTALT INTERNATIONAL STUDY CENTER

### A Competency Development Program for Coach Certification

#### Skills for High Impact Coaching

##### Session One Pre-reading

1. *The Skilled Helper*, Gerard Egan
2. *Masterful Coaching*, Robert Hargrove
3. *The Thin book of Appreciative Inquiry*, Susan Annis Hammond
4. *The Handbook of Coaching*, Frederic Hudson
5. *Learning as a Way of Being*, Peter B. Vaill

##### Session Two Pre-reading

1. *Finding Flow: The Psychology of Engagement with Everyday Life*, Michaly Csikszentmihalyi
2. *Primal Leadership: The Hidden Driver of Great Performance*, Goleman, Boyatzis and McKee
3. *Art of Possibility*, Benjamin Zander
4. *Beyond the Wall of Resistance*, Rick Mauer
5. *Coaching with Backbone & Heart*, Mary Beth O'Neill
6. *Change Your Questions, Change your Life*, Marilee Adams

##### Session Three Pre-reading

1. *The Power of Purpose, Creating Meaning in Your Life and Work*, Richard J. Leider
2. *Breaking the Rules, Assessing Your Inner Wisdom*, Kurt Wright
3. *Fierce Conversations*, Susan Scott
4. *Taming Your Gremlin: A Surprisingly Simple Method for Getting Out of Your Own Way*, Richard Carson
5. *Getting Started in Personal and Executive Coaching*, Stephen G. Fairley and Chris E. Stout
6. A book of your choice for coaching specialty (must be approved by faculty/mentor coach)