

# Enhancing Your Skills as an Intervener: An Exploration of the Cape Cod Model for Psychotherapists, Coaches, Consultants, and Other Professionals

Dates	<b>November 9-12, 2017</b> <b>Begins Thursday, 3pm</b> <b>Ends Sunday, 12noon</b>
Fee	<b>\$895</b> <b>GISC Members: \$845</b> <b>Mental Health Counselors &amp; Psychotherapists: \$650</b>
CE hours	<b>24 - APA, ICF</b>
Faculty	<b>Joseph Melnick, PhD, and</b> <b>Nancy Rutkowski, PhD, LCSW, PCC</b>



The Cape Cod Model® is a unique, optimistic, and immediate approach to supporting change in individuals, small groups, and organizations. For decades it has been successfully employed by clinicians, coaches, psychotherapists, and consultants.

This workshop introduces participants to this simple yet powerful intervention model.

Participants are taught to see and articulate the competence of the client system, followed by specific structured feedback interventions in real-time client interactions. By learning to perceive the system and to provide brief, bold, and direct feedback, participants will dramatically increase their ability to create effective interventions necessary to support change and growth.

Faculty of the internationally known Cape Cod Training Program will introduce the key concepts and skills of this highly effective model through presentation of theory, client demonstrations, and practicum exercises.

This orientation to the methodology provides an excellent foundation for the practice-based, intensive Cape Cod Training Program.

*“I did not expect this workshop to have such an impact on my professional life. It is hard to imagine continuing to work with the approach I was used to.”*

Michael Beyer  
OD Consultant  
Germany

## Benefits

Participants will:

- Learn to begin to perceive an individual, a couple, or group as a system
- Identify and begin to articulate clearly what the system is doing well
- Observe and practice the techniques of highly effective, in-the-moment feedback
- Use themselves authentically to become instruments of influence
- Have an opportunity for extensive practice

## Participants

This workshop is appropriate for organizational consultants, coaches, clinicians, psychotherapists, and other advisors. It may also be useful to managers and leaders in their work with individuals and teams.

\* Participants who complete Enhancing Your Skills as an Intervener qualify to apply up to a \$500 tuition credit to one of our major Cape Cod Model programs: Cape Cod Training Program or the Competency Development Program for Coach Certification within 12 months. Please inquire!

[ICF has certified this course for 24 core competency hours.](#)

Dedicated scholarship help may be available for mental health counselors and psychotherapists.



# Registration Form

Name: \_\_\_\_\_ Male:  Female:

Company Name: \_\_\_\_\_ Position: \_\_\_\_\_

Preferred Mailing Address - Work  / Home : \_\_\_\_\_

City/State/Province/Postal Code/Country: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Current Profession (please check all that apply):

Coach  Consultant/OD  Psychotherapist  Leader/Executive  Nonprofit  Educator  Other  \_\_\_\_\_

Professional Affiliations/Associations:

ICF (Int'l Coach Federation)  OD Network  APA  Other (please specify)  \_\_\_\_\_

How did you hear about this program? \_\_\_\_\_

If by referral, from whom? \_\_\_\_\_

**Please register me for:**

<b>Program Title</b>	<b>Date</b>	<b>Fee</b>
_____	_____	_____
_____	_____	_____

I am a GISC Member:  I would like to join GISC:  \$125/year

**Total:** \_\_\_\_\_

Invoice my organization:  \_\_\_\_\_

I have enclosed a check or money order payable to GISC (US funds only):

Charge my: Visa  Mastercard  American Express

Name as it appears on card: \_\_\_\_\_

Account Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_

**Cancellation Policy:** Refunds are available up to 21 days prior to a program, less a \$35 administration fee. When cancellation is made with a notice of 20 days or less, tuition will not be refunded, but may be applied to a future program within the next calendar year.

Mail or fax along with your payment to:  
**Gestalt International Study Center, PO Box 515, South Wellfleet, MA 02663-0515, USA**